



Travel with the experts
Worldwide Small Group & Tailor Made Adventure

New for 2019 – Worldwide Adventures

Mountain Kingdoms has recently introduced 31 new adventures, including treks, tours, cruises and walking holidays that span the globe from the Arctic to Zimbabwe. New holiday destinations include Costa Rica, Bulgaria, Croatia, Georgia, Romania, Reunion and Zimbabwe, plus new adventures have been added to popular destinations in Asia, Africa, the Americas and Europe. For details of our new Himalayan holidays please see our 'New Himalayan Adventures' Press Release.



AFRICA & THE MIDDLE EAST

Mana Pools Walking Safari & Lake Kariba, Zimbabwe

13 days | walking safari | departs: June & August

Track the painted wolves from David Attenborough's 'Dynasties' series and enjoy close encounters with creatures both great and small on a three day walking safari between mobile camps in Mana Pools National Park. Then transfer to beautiful Lake Kariba for exploration by foot, game drives and boat/kayak safaris.

<https://www.mountainkingdoms.com/holiday/mana-pools-walking-safari-lake-kariba-zimbabwe>

Three Cirques Trek, Reunion Island

15 days | trek | departs: June & September

Rugged trekking between mountain huts to reach the best summits and viewpoints on this volcanic island in the Indian Ocean. Plus time to relax on a sandy beach and discover the Creole culture.

<https://www.mountainkingdoms.com/holiday/three-cirques-trek-reunion-island>

Morocco Coastal Trek & Essaouira

9 days | trek | departs: November

Explore Morocco's coastal trails, sandy beaches and Berber villages and be immersed in local life in Essaouira and Marrakesh with a camel ride, a traditional hammam and guided cultural tours.

<https://www.mountainkingdoms.com/holiday/morocco-coastal-trek-essaouira>

EUROPE

Svaneti & the Transcaucasian Trail, Georgia

11 days | trek | departs June, August & September

A rugged, scenic trek along the best section of a recently established trail in the north west of Georgia. Villages with traditional watchtowers, family guesthouses and a city tour of Tbilisi.

<https://www.mountainkingdoms.com/holiday/svaneti-the-transcaucasian-trail-georgia>

Carpathian Mountains & Transylvania Trek, Romania

8 days | trek | departs: July & September

Experience wilderness trekking, Count Dracula's castle and Romanian culture and hospitality. Nights are in small hotels and guesthouses (twin-share) and there is a luggage transfer service every day.

<https://www.mountainkingdoms.com/holiday/carpathian-mountains-transylvania-trek-romania>

Gentle Walking Bulgaria

10 days | walking holiday | departs: May & September

Discover Bulgaria's many attractions with easy walking in three mountain ranges plus cultural highlights that include Plovdiv's historic old town, Rila Monastery, impressive caves and wine tasting.

<https://www.mountainkingdoms.com/holiday/gentle-walking-bulgaria>

Gentle Walking Islands of Croatia

8 days | walking holiday | departs: May & September

From historic Split to fairytale Dubrovnik, island hop by ferry down the coast staying on and exploring four different islands (Brac, Hvar, Korcula & Mljet) on foot. Wine and olive oil tasting included.

<https://www.mountainkingdoms.com/holiday/gentle-walking-islands-of-croatia>

Norwegian Fjords & Arctic Discovery

16 days | tour | departs: May

Cruise aboard the well-equipped MS Expedition from Bergen, up the Norwegian coastline through the Lofoten Islands, with regular excursions, to reach the Arctic wonderland of Svalbard.

<https://www.mountainkingdoms.com/holiday/norwegian-fjords-arctic-discovery>

Monte Rosa Rando

8 days | trek | departs: June, July & September

A new valley trail beneath the Monte Rosa Massif that offers glorious alpine scenery, pretty villages with historic sights and welcoming hotels serving the excellent food and wine of the region.

<https://www.mountainkingdoms.com/holiday/monte-rosa-rando>

INDIA & SOUTHEAST ASIA

Rajasthan in Style, India

17 days | tour | departs: February & November

Capture the romance, colour and history of one of India's most culturally rich and scenically stunning regions whilst staying in stylish and evocative accommodation including heritage hotels and palaces.

<https://www.mountainkingdoms.com/holiday/rajasthan-in-style>

Gentle Walking Kerala, India

14 days | walking holiday | departs: January & December

The ideal introduction to lush, tropical Kerala travelling from Kochi to Lake Vembanad via tea plantations, the scenic Western Ghats, Periyar Wildlife Sanctuary and a backwaters cruise.

<https://www.mountainkingdoms.com/holiday/gentle-walking-kerala>

Spice Trails of Kerala & Southern India

16 days | walking holiday | departs: February, March & November

A more off-the-beaten track exploration of southern India with walks in the hills of Wayanad, a ride on a 'Toy Train' in Ooty, a game drive in Bandipur National Park and a visit to the temples of Belur.

<https://www.mountainkingdoms.com/holiday/spice-trails-of-kerala-southern-india>

Gentle Walking Wildlife & Temples Cambodia

16 days | walking holiday | departs: February & November

Head deep into the heart of Cambodia: stay on a Mekong island, go in search of rare wildlife, visit the forgotten hilltop temple of Preah Vihear and explore the quieter temples of Angkor Wat on foot.

<https://www.mountainkingdoms.com/holiday/gentle-walking-wildlife-temples-cambodia>

North to South Vietnam

16 days | tour | departs: February, May & November

An immersive cultural tour from Hanoi to Saigon. Alongside visits to cultural and scenic highlights there's a boat trip on the Perfume River, a village bike ride and woodcarving and cookery lessons.

<https://www.mountainkingdoms.com/holiday/north-to-south-vietnam>

THE AMERICAS

Gentle Walking & Wildlife Costa Rica

14 days | walking holiday | departs: April & November

Travel from Tortuguero on the east coast to Panama Beach on the west via volcanoes, rivers and cloudforest, with walks and boat rides to discover Costa Rica's diverse wildlife and landscapes.

<https://www.mountainkingdoms.com/holiday/gentle-walking-wildlife-costa-rica>

Galapagos Cruise in Style, Ecuador

11 days | tour | departs: January, March, October & December

A first class, seven night cruise around the Galapagos isles with daily excursions led by expert guides including nature walks, snorkelling and kayaking. Combines with extension options in Ecuador.

<https://www.mountainkingdoms.com/holiday/galapagos-cruise-in-style>

Gentle Walking Patagonia in Style, Argentina

14 days | walking holiday | departs: March & November

Walks amidst the pristine landscape of Los Glaciares National Park and on top of the Perito Moreno Glacier. Stay in comfortable Eco-domes and at wild, remote and enchanting Estancia Cristina.

<https://www.mountainkingdoms.com/holiday/gentle-walking-patagonia-in-style>

Tierra del Fuego & Cape Horn Cruise, Patagonia

14 days | walking holiday | departs: February & October

Day walks in Tierra del Fuego National Park followed by a stylish four night cruise from Ushuaia to Punta Arenas via Cape Horn and Beagle Channel with regular landings and lectures en route.

<https://www.mountainkingdoms.com/holiday/tierra-del-fuego-cape-horn-cruise>

Easter Island

13 days | walking holiday | departs: April & October

An in-depth exploration of Easter Island with daily walks to see the Moai statues and other historic and scenic sights. Can be combined with extensions to Torres del Paine, Valparaiso or the Atacama.

<https://www.mountainkingdoms.com/holiday/easter-island>

About Mountain Kingdoms:

Mountain Kingdoms is an independent, UK based, small group holiday specialist with over 31 years' experience. Now offering worldwide walking holidays, pioneering and classic treks, trekking peaks, cultural tours, cycling holidays, walking safaris and adventure cruises. Mountain Kingdoms is committed to responsible tourism and offers value for money with an emphasis on quality.

Visit <http://www.mountainkingdoms.com> for all of our new holidays for 2019 and updates on all our worldwide adventures.

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